



# Christ the King

7308 South 42nd Street, Bellevue, NE 68147

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Growing in Faith, Love and Service to the God who loves us.

Christ the King Lutheran Church  
7308 South 42<sup>nd</sup> Street  
Bellevue, Nebraska 68147  
RETURN SERVICE REQUESTED



**Rally Sunday is Aug. 14!**  
**Sunday School Resumes**  
**Backpack Blessing**  
**PotLuck after worship**

**Arrows to Aerospace Parade!**  
**August 20! Come ride on the float!**



# Women of the ELCA



Summer is here with all its heat and humidity. I hope you have found time to get away from the busyness of life for some rest and relaxation. God wants us to take time to be alone with him.

Our Bible Study Circle continues to meet during the summer. We will meet on Tuesday, August 16, 11:30AM in the Fellowship Hall. We will conclude our summer Bible study "Treasure in Clay Jars." Phyllis Carlson will lead the Bible Study, Mardelle Gocek is the hostess. We will meet on September 20,

11:30AM in the Fellowship Hall we will begin the Fall Bible study "When God's not Fair: Coming to Terms with a Merciful God." Mardelle Gocek will lead the Bible Study, Gayle Carmine is the hostess.

Lutheran Women of Omaha will meet at noon, Tuesday, September 13 at Shepherd of the Hills, 6201 N. 60th St.. Program will be Pearl Anderson on her "Trip to China." Reservations to Mardelle by the Sunday prior to the meeting.

## Upcoming Events:

August 5-7 – Saved to Serve

Mosaic Home, Minden

October 8 – Annual Renewal,

Lutheran Church of the Good Shepherd,  
Hastings

November 4-6, 2016 – Food Packaging Project  
at York

April 8, 2017 – Metro East Spring Gathering,

St. John's, Bennington

September 28-30, 2017 – NSWO convention

at Camp Carol Joy Holling.

Please continue to save UPCs from "Our Family" products, UPCs from Campbell soups (the entire label) and General mills "Box Tops for Education". A box for these items is located on the piano in the elevator room.

## School Kits for LWR

We have begun collecting items for LWR School Kits! Now is a good month as "back to school" sales usually begin in July. Each school kit must contain:

- ✓ Four 70-sheet notebooks of wide or college-ruled paper, no loose-leaf paper
- ✓ One 30-centimeter ruler, or a ruler with centimeters on one side and inches on the other
- ✓ One blunt scissors (safety scissors with embedded steel blades work well)
- ✓ Five black/blue ballpoint pens (no gel ink)
- ✓ Five unsharpened #2 pencils with erasers
- ✓ One box of 16 or 24 crayons
- ✓ One pencil sharpener
- ✓ One eraser

**Our goal is to assemble 30 complete LWR school kits.**

**Please bring your donations to church no later than Sunday August 7 as we will be packing the school kits on Rally Sunday!**

# Grace and Peace!

There is this idea that feelings and emotions are a weakness. Being strong means to not show them. “Keep calm and chive on,” or so the t-shirts say. I don’t get it... I like chives, but they are an unnecessary condiment ... I prefer green onions.

The problem I really have isn’t with chives, it’s with the idea that emotions are unimportant. Our emotions are how we experience the world – if we become emotionally detached and unable to feel the right things at the right times (which is what mental illness does) then we are not really living our lives.

We are living in a world that is perpetually trying to convince us that happiness is something we should be striving for, something we can achieve if we just do everything right. If we, get a good job, lose that weight, buy that car, wear those shoes, have a baby, go on that vacation... THEN we will surely be happy.

I don’t know if you’ve noticed but this doesn’t work. Time and again we reach our goals only to find that the goalposts have moved, that we are still not happy and now need to do something else to achieve happiness.

I know plenty of people whose lives are fantastic by the world’s standards but who are not happy. I have also met people who have very little and whose lives are very difficult compared to mine, but who are genuinely content. If happiness was something you could achieve by having lots of money and stuff, then judging by global standards, most people in the US should be ecstatic all the time.

The media is constantly telling us lies trying to get us to be more, do more, buy more, when in actual fact most of us have all we need to be content right where we are. Lately, I see more and more people incapable of appreciating what they have; instead they spend their lives moaning and assuming everyone else should be moaning too.

Paul expresses this same idea in his letter to the church in Philippi:

*‘I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength.’*

(Phil 4:12-13)

I have come to believe that our natural state, The way God created us to be, is one of contentment and peace. In this state we respond to things exactly as they happen – we feel sad, angry, or scared when bad things happen but we don’t let them get in the way of our appreciating the good things. Children are really good at this. It’s just that as we grow up our minds become filled with thoughts and feelings that cloud our view and prevent us from seeing and experiencing things as they actually are. Some people’s minds are so “clouded” that they believe that *is* their natural state. But from the very beginning, God’s message has been: goodness lies at the heart of reality and existence, and that all the bad stuff – however real – will not have the last word.

When we feel bad, it is almost always because of a thought we’ve had, whether we can pinpoint it or not. Our minds are creating thoughts constantly, all the time, and have the amazing capacity to make us feel, believe and do almost anything. One of the most important things I’ve ever learned is that my thoughts are not real. They are just thoughts, and I am creating them – it is how my mind processes what I see and experience.

Jesus invites us to see the world as he sees it... as he created it... not as we think we see it. Moods are a natural part of life, but it is possible to learn to recognize them and not take the bad ones too seriously. Sometimes this is really easy, sometimes it takes all our willpower and attention to discard what our minds are trying to convince us is true. It is then that we are instructed to fix our eyes on Jesus and return to our natural state of contentment.

A handwritten signature in black ink, appearing to be the initials 'JB' followed by a flourish.



Lutheran Immigration  
and Refugee Service

## It's time to think about our next refugee family!

Many thanks are due to Ann and Dave Jordan for spearheading the Refugee Ministry here at Christ the King. They are taking a year to be full-time grandparents and it is time for us do more than just follow their lead. We, as a congregation, have made a commitment to Lutheran Refugee Services to help welcome a new family from a Thai Refugee Camp in October. Just to review, Lutheran Refugee Services is a program of Lutheran Family Services of Nebraska, Inc. The agency provides services to refugees before, during and after their arrival.

Churches like Christ the King are asked to offer their prayers and friendship as well as helping provide furnishings, clothing and food. Here's how you can get involved:

- Starting Sunday, September 6, you will find a fancy lamp at the entry to the church. Please have a look at the tags decorating the lamp, to see what is needed to set-up the family's apartment before they arrive in October. Please take a tag, or two, and return it with your donation, by **Sunday, September 18, 2016**.
- Please also check out the list of furniture needed.
- We'll need a team of strong helpers to get the furnishings in the apartment a few days before the family arrives. Last year this turned out to be a fun and rewarding few hours of working together as Jesus would want us to do in helping those who need us. This year's apartment set up will be September 24, 2016.
- If you would like to join us in visiting the family as they are getting settled, please let us know. The Karen we've gotten to know are gentle people, with a strong emphasis on family and very motivated to work toward the American dream we take for granted.

Ann and Dave Jordan are again coordinating this project. Please call them if you have any questions, ideas, or items to be picked up. You may call or text 402-932-5056

God has given each of us so much, sometimes even more than we can use ourselves. How much has God blessed you? How much is he asking you to give so that those with such basic needs can also be blessed?"

## Youth Sunday is September 25, 2016

Kids lead worship. We'll be assigning parts so be sure to let your child's teacher know that you'll be here. Let family know too. It would be a great opportunity to invite people in your family to worship with you.



# From the Finance Committee...

We are at the mid-point of the year and it is a good time to look at how we are doing financially. As noted below, we began the year with the expectation of being a little short on income (-\$9912) to cover our expenses. The month-by-month progress indeed confirms that our expenses are exceeding envelope income. We are \$2836 under water. Please note that the Feb actual expense includes a full year payment (\$5300) on our church insurance. Otherwise, all actual expense and actual income is coming in very close to projections. We will need a little help on the income side to end the year 2016 in a balanced cash flow position.

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Budget Expense	10580	10580	10580	10580	10580	10580	10580	10580	10580	10580	10580	10580	126960
Budget Income	9754	9754	9754	9754	9754	9754	9754	9754	9754	9754	9754	9754	117048
													-9912

Actual Expense	10909	15742	9855	10401	9760	10225
Actual Income	11197	10293	10612	9564	12397	10369

Monthly Difference	-288	-5449	757	-837	2637	144
Cumulative Difference	-288	-5737	-4980	-5817	-2980	-2836

**WE'RE IN THE PARADE!**  
**August 20, 2015**  
**Ride on the float**  
**and represent Christ the King**

We would like as many people as possible to ride on the float. We will be lining up at 9:30am beside Lincoln Rd. The parade starts at 10am. This is a fun and easy thing for kids to do.



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		DON AND MILLIE'S		
		FELLOWSHIP LUNCH		
		August 28<sup>th</sup>!		
		Immediately following worship		
		= = = = =		

Join us for a Fellowship Lunch at Don and Millie's after worship. We get a portion of the receipts to put toward the Capital Fund, so tell all your friends to go to Don and Millie's and say, "I'm with Christ the King!"



# Rally Sunday is August 14 and **WOW!** will it be **FUN!**

School is just around the corner. Kids are excited about starting a new grade, new teachers, new backpacks.... Christ the King is kicking off the program year with a BANG!



## Prarie Sound is leading Worship!

These ladies gave a country gospel music concert at Christ the King last Spring and we are thrilled to have them back, this time leading worship!

## Sunday School is back in session

Students go to their SANCTUARY at 9am for a quick opening! Please be on time because we'll need to vacate the sanctuary so "Prarie Sound" can set up for worship. Parents are always welcome to stay with their little ones, come to the Adult Study downstairs, or hang out for coffee and conversation in the Entryway.

## After Church Potluck!

After worship, we will have the bounce house set up along with the beanbag toss. Bring a dish to share and let's get the program year rolling!

## Backpack Blessing

Here at Christ the King we want to celebrate and bless the beginning of the school year.

Anyone committed to learning, be it in a school, home or workplace, bring your backpacks or lunch boxes, briefcases or laptops to worship at 10:00. We will lift up students of all ages, dedicating them to God's glory as we begin a new school year.

A new school year or a new year for work, we ask that God would use our supplies, our equipment, our hands and our feet to help the world; and that we would keep God in the center in all that we do and learn.

## SECOND SUNDAY SYNC UP

New this year! Every second Sunday, Pastor Bryan will lead a faith conversation for Post-Confirmation youth. There will likely be donuts but Jesus is always sure to show up. Don't miss this!

## Confirmation starts August 27<sup>th</sup> at 10am

This year is the Catechism year. We will cover the Ten Commandments, the Lord's Prayer, the Apostle's Creed, the Sacraments, and the history of the Lutheran Church. When Martin Luther wrote his Small Catechism, he looked at each of these topics and gave an answer to the question, "Was ist das?" ("What is this?" or "What does this mean?") Together we'll look at this same question and talk about it. If you've got someone going into sixth or seventh grade or you were in confirmation last year, that's you! Parents are welcome to stay. Interested in a little refresher? Why not join us?



It's that time again! It's that wonderful time of year when deepening your child's relationship with God begins all over again! Christ the King is a wonderful, nurturing environment where your children can explore their relationship with God. Our caring and energetic teachers provide the children with memorable experiences and a sense of security as they learn different ways to see and know God.

Come join us on Rally Sunday, August 14<sup>th</sup>, as we kick off a new Sunday School year filled with exciting activities. Remember, it is the parent who ultimately makes the decision about whether or not their child will be at Sunday School. Do not deprive your child of the chance to build meaningful relationships with friends and teachers as well as God. Make the choice to commit to your child's spiritual needs. Don't forget to bring a friend or neighbor to one of the events below!

Misty Lett, Christian Education Chair

<b>Date</b>	<b>Event</b>	<b>Event Description</b>
Sunday, August 14, 2016	Rally Sunday - Sunday School Begins	<b>Sunday School Resumes! Back Pack Blessing in Worship!</b>
Saturday, August 20, 2016	Arrows To Aerospace Parade	Parade – ride, smile, and wave!
Sunday, September 28, 2016	Youth Sunday	Kids lead worship! Hotdogs and Ice Cream afterwards
Sunday, October 02, 2016	Pet Blessing – 12:30pm	Bring your pet to church for a blessing!
Saturday, October 08, 2016	Creation Party – noon-2pm	Bring your favorite stuffed creation and we will learn about The Days of Creation
Friday, October 28, 2016	Campfire – 6pm	This is a fun night for all ages. Hot dogs and s'mores. Families with younger kids might want to just come for the campfire. Older kids are welcome to stay for the movie, games, and lock-in.
Saturday, December 03, 2016	Saint Nicholas Party – noon-2pm	Have some fun with church friends celebrating Advent.
Saturday, December 17, 2016	Christmas Caroling – 10am	An outreach to homebound members. We go sing and they are always appreciative. Chili at the church afterwards.
Sunday, December 18, 2016	Christmas Program	Worship
Saturday, February 11, 2017	Communion Event	This is an event for 2 <sup>nd</sup> – 5 <sup>th</sup> graders particularly for those preparing for 1st communion, but it will be fun for all.
Saturday, April 1, 2017	Spring Fling – noon-2pm	Have some fun with church friends at the beginning of Spring.
Sunday, April 16, 2017	Easter	Breakfast, Worship, Egg Hunt!
Sunday, May 22, 2017	Sunday School Year End Celebration	Last day of Sunday School for summer. Kids will sing their favorite songs in worship.

# girlfriends Night on the Town @Christ the King

Go to see *Sister Act* and then do dinner in the Old Market  
Sunday, September 25 or October 9, 2016

I am the worst about letting life get filled up with tasks that take up all my time and leave me too tired to get together with friends. But I know God did not create me to be a human "doing". I am a human being and part of that means "being" with my girlfriends.

So, the Girlfriends here at CtK have done a couple of road trips in the fall which have been great, but there are some things to do right here in Omaha too. Last year we went to *Dirty Dancing* and had a great time.

Based on the 1992 blockbuster, this uplifting musical is filled with toe-tapping songs, show-stopping dance numbers and a truly touching story. After witnessing her mafia boyfriend commit a crime, night club singer Deloris Van Cartier seeks help from the local police. She is placed in the witness protection program in the last spot her boyfriend would think to find her—a convent! Struggling to fit in with a group of nuns, Deloris finds her calling working with the convent choir. As she helps her fellow sisters find their voices, she unexpectedly rediscovers her own. Nominated for five Tony Awards, *Sister Act* is a reason to rejoice!



Would you like to catch a show and dinner with some girlfriends at church?  
Get with me if you're interested so we can coordinate tickets and such. 402-676-3495

Sheli Rice –Coordinator

## Breakfast at Village Inn!

(Ft. Crook location)

### First FRIDAYS!

**August 5 and September 2  
at 8am!**

## Men's Breakfast

**August 13 and Sept. 10**

**8:00am**

Men's Breakfast meets the second Saturday of every month at 8:00 a.m. where men of Christ the King unite in fellowship, dialogue and service to others. Come yourself and bring a friend





## September Anniversaries

- 1 Ronald & Sharon Rice
- 3 Ron & Judy Taylor
- 7 Jon & Marge Butler
- 9 Paul & Sharon Bernier

## August Anniversaries

- 8 Jeff & Kathryn Heldt
- 21 Jeff & Lori Kiesel
- 22 Leonard & Colleen Schwalm

## September Birthdays

- 8 Mark Dyer
- 9 April Marx
- 9 Joy Woita
- 12 Angie Wicklander
- 13 Elena Melendez
- 15 Judy Fink
- 17 Bryce Kennon
- 18 Kyle Johnson
- 21 Carson Max Taylor
- 25 Jedd Taylor
- 27 Aimee Robalik
- 27 Brandon Robalik
- 27 Zach Kiesel
- 30 Erik Junker
- 30 Barb Velazquez

## August Birthdays

- 3 Tra Harris
- 7 Kathryn Heldt
- 9 Alayna Marie Kennon
- 10 Julie Junker
- 25 Frances Jirka
- 26 Paul Dawkins
- 26 Sharon Rice
- 26 Mary Hall
- 27 Lee Fidelity

# Worship and Music: News and Notes

We are getting ready for the fall activities here at church. Our worship leaders are in place and ready to go. A big thank-you to Debbie Cline, Val Johnson, Paul Dawkins, and our newest member Katheryn Rice for being our assistant leaders.

We welcome any new members that would like to share their talents as well. We are not a professional group by any means, so if you like to sing, please join us. If you wish to offer a musical offering please talk to Muffy.

I have scheduled the Sunday School kids to sing on the last Sunday of each month, starting in August. Our adult choir will be singing 4 times this year. We will sing during worship on October 9, December 11, February 19, and April 9. We welcome anyone who would like to join us in singing God's praise. We will practice at 11:30 on Sunday morning.

There is always a need for more people to help set up for communion. Please consider helping for 1 month. You can contact Elaine Vaag and she will be happy to show you what to do. The job is not hard and we really need your help.

Greeters and ushers are very important to help our worship run smoothly. Please contact Jodi Keating for greeting and Muffy Bratsveen for ushering.

In Christian love and fellowship,  
Muffy Bratsveen, Worship and Music Chair

# August and September 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 5:30pm T.O.P.S. 6pm Fitness Club	2	3 6pm Fitness Club 7:30pm AIAnon	4 6pm Fitness Club	5 8am Village Inn	6
7 9am Adult Study 10am Worship 11:15am Fellowship <b>Worship Leaders Meeting</b>	8 5:30pm T.O.P.S. 6pm Fitness Club	9	10 6pm Fitness Club 7:30pm AIAnon	11 6pm Fitness Club	12	13 8am Men's Breakfast
14 <b>Rally Sunday</b> 9am Sunday School Adult Study 10am Worship 11:15am Potluck	15 5:30pm T.O.P.S. 6pm Fitness Club	16 11:30am WELCA	17 6pm Fitness Club 7:30pm AIAnon	18 6pm Fitness Club	19	20 <b>Arrows to Aerospace Parade</b> <b>Line up at 9:30am</b> Arts for All Open House 10am – 12pm
21 9am Sunday School Adult Study 10am Worship 11:15am Fellowship 11:30am Council	22 5:30pm T.O.P.S. 6pm Fitness Club	23	24 6pm Fitness Club 7:30pm AIAnon	25 6pm Fitness Club 7:30 BOHG	26	27 9am-12 Arts for All 10am Confirmation 4pm Beer and Theology
28 <b>Kids Sing</b> 9am Sunday School Adult Study 10am Worship 11:15am Fellowship Don and Millies	29 5:30pm T.O.P.S. 6pm Fitness Club	30 6pmCC Orientation Night	31 6pm Fitness Club 7:30pm AIAnon	1 6pm Fitness Club	2 8am Village Inn	3 9am-12 Arts for All
4 9am Sunday School Adult Study 10am Worship 11:15am Fellowship	5 <b>Labor Day</b> OFFICE CLOSED 5:30pm T.O.P.S. 6pm Fitness Club	6 9amCC Foundations 1pm CC Essentials	7 6pm Fitness Club 7:30pm AIAnon	8 6pm Fitness Club	9	10 8am Men's Breakfast 9am-12 Arts for All 10am Confirmation
11 9am Sunday School Second Sunday Sync-up Adult Study 10am Worship 11:15am Fellowship 11:30am Council	12 5:30pm T.O.P.S. 6pm Fitness Club 7pm Mosaic Milkshake Monday	13 9amCC Foundations 1pm CC Essentials <i>Lutheran Women of Omaha - offsite</i>	14 6pm Fitness Club 7:30pm AIAnon	15 6pm Fitness Club	16	17 9am-12 Arts for All
18 9am Sunday School Congregational Care Breakfast 10am Worship 11:15am Fellowship 11:30am Choir Endowment Com.	19 5:30pm T.O.P.S. 6pm Fitness Club	20 9am Quilting 9amCC Foundations 11:30am WELCA 1pm CC Essentials	21 6pm Fitness Club 7:30pm AIAnon	22 6pm Fitness Club	23	24 9am-12 Arts for All 10am Confirmation <b>Refugee Apt. Set Up</b>
25 <b>Kids Sing</b> <b>Youth Sunday</b> 9am Sunday School Adult Study 10am Worship 11:15am Fellowship 11:30am Choir <i>Godparents! -Sister Ad?</i>	26 5:30pm T.O.P.S. 6pm Fitness Club	27 9amCC Foundations 1pm CC Essentials 4:30pm Arts for All	28 6pm Fitness Club 7:30pm AIAnon	29 7:30 BOHG	30	